

SE CIP Priority – Healthy Lifestyles

	Priority	Why?	Actions	Who should be involved?	Timeframes	Resources	Impact How measured?
Quick Win	Dental Hygiene	City statistics are poor.	1. Invite dental bus to all CIP schools 2. Research CIP statistics 3. Liaise with Kady to inform about policy for settings	Nurseries Primary & Secondary EYAC QTI Kady Health	Begin in spring term - plan for visits Phase 1 - train in pilot schools Roll out over summer term	Family Pack Human - Training Cost for brushes	Survey of child/family about changes in brushing technique. Review local dental information half termly
	Raise awareness of effects of substance misuse	Drugs issue amongst young people	1. Invite substance mis-use support teams into secondary schools to support PSHE 2. Link with city girls programme already running	School Nurse Nurseries Primary & Secondary EYAC Kady Health	Existing programmes across the city to link up with by April 09	Time	Reduction in young people using drugs - long term. Number of children involved in awareness programmes - short term.
Key Project	Raise Awareness of the need for Healthy Lifestyles	Obesity problem nationally and locally	1. Review drop-in's 2. Review parent information 3. Research CIP statistics	HIDS School Nurses Health Professionals All schools	Set up within next 12 months	Drop-in venues & funding for staff (from health backgrounds)	Number of children within normal weight ranges. Establish baseline data.
CIP Team	Link into Healthy work in the city to support local work to tackle obesity	To ensure services are targeted within the south east area	1. Establish existing and potential health initiatives 2. Invite services to join working group 3. Signpost schools to services 4. Roll out projects/provision across area	All health related agencies HIDS All schools	1. April 09 2-4 Sept 09	Time Website	Better coordination of existing services and improved promotion through the CIP
Some-thing	Improve coordination &	CIP ES Audit data reflects	1. To audit information on local services	ISM Schools	By next audit - Summer 09	Time Website	Through 09 audit data

Group Meeting Date: Tuesday 13th January 2009 1.30-3pm, St Cuthbert's Church Centre, Poppy Room

SE CIP Priority – Healthy Lifestyles

Else	awareness of services to support Swift & Easy Access within schools	need	2.Improve communication with & between agencies and schools				
-------------	---	------	---	--	--	--	--